

# C.P.R & First Aid Training



## Standard First Aid/CPR C:

This course provides a comprehensive training covering all aspects of first aid and CPR. This course is for those who want an in-depth understanding of first aid, such as: spinal injuries; medical/legal issues; heat or cold injuries; bone and joint injuries; abdominal and chest injuries as well as burns. Includes CPR C certification and an introduction to the use of AEDs (Automated External Defibrillation)  
This course is recognized by the Workplace Safety and Insurance Board (WSIB).

**Offered:** 9:00 am – 5:00 pm at Uxpool on: Sept. 24 & 25, Oct 22 & 23, Nov 5 & 6, Dec 10 & 11, Jan 14 & 15, Feb 11 & 12, Mar 3 & 4 **Cost:** \$105.00 + HST

**SFA Recertification:** available Sept 25, Oct 23, Nov 6, Dec 11, Jan 15, Feb 12 & Mar 4 \*Restrictions may apply. Cost: \$77.00 + HST

## **Customized First Aid Training (905-852-7831)**

These courses enable you to deal with injuries and medical emergencies at home, work or play. The Township continues to offer, in conjunction with the Uxpool, customized First Aid courses to suit your business needs. We will be happy to structure the core content to fit into your business environment. These courses can also include CPR, WHMIS and Defibrillator certifications. All courses follow the WSIB guidelines and certification requirements, containing theoretical and background subject matter coupled with practical hands on application. Our outstanding trainers will engage the learner and can motivate interaction through discussion and hands on competency. We provide ongoing quality control and feedback to ensure materials and the overall training experience is meeting your expectations. Any group of 6 or more individuals, such as businesses, baby groups and youth groups can be accommodated. We will be more than happy to come to your site, or set up your course to take place at the Uxpool For information contact the Pool at 905-852-7831 or email at [poo@town.uxbridge.on.ca](mailto:poo@town.uxbridge.on.ca)